



# **Big Brothers Big Sisters** of the Shoals

Serving Colbert, Franklin and Lauderdale Counties

We match children between the ages of 5 and 15 with adult volunteers who spend time with the children developing a mentoring relationship and encouraging them to succeed in life.

### **Three ways to serve you:**

Community-based: a child meets with an adult volunteer for at least an hour each week.

School-based (Aim High or Lunch Buddies, Red Bay Buddies): a child meets with a community volunteer or high school student at school for 30 minutes to an hour each week.

We provide group activities for all of the children in our program, such as bowling, going to Chuck E Cheese, picnics, ballgames, skating, swimming, and parties. We also provide support meetings and training for our parents. We want our Bigs and Littles to have fun and learn while they are developing their relationship!

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